

The Hero Cycle lakes and ponds



- 1 Breathing In
- 2 Lovers Crime
- 3 American Proxy
- 4 A New Love For Lakes And Ponds
- 5 You vs Them

Thanks Andi and Harley Gorman, Jim and Dwight@CMD, Steve Fernwood, Shawn Flanigan and Fire the Cannons, Joe Egan, Jeremy Mendicino, Cam Merton and Hidden Shoal Recordings, Miriam Lamey, Kristen L'Esperance, Curt Mangan Strings, Stu@lightshipvisual. John Gorman is proud to play Noble and Cooley drums. Bird design by Kristen L'Esperance. Sleeve design Mike Prall, Adam Fuller and Stu Medley.

All material © copyright 2006



A Hidden Shoal Recording.
<http://music.hiddenshoal.com/>

